

Republic of the Philippines Province of Sorsogon

CITY OF SORSOGON



Office of the Bangguniang Zanlungsod

EXCERPTS FROM THE MINUTES OF THE REGULAR SESSION OF THE EIGHTH CITY COUNCIL HELD AT THE SANGGUNIANG PANLUNGSOD SESSION HALL, CABID AN, EAST DISTRICT, SORSOGON CITY ON OCTOBER 25, 2022.

PRESENT:

HON. MARK ERIC C. DIONEDA
City Vice Mayor/ Presiding Officer

WEST DISTRICT

Hon. Peter Joseph J. Ravanilla Hon. Nestor J. Baldon Hon. Bryan J. Pingul

EAST DISTRICT

Hon. Maria Theresa H. Gonzalez Hon. Lester R. Lubiano Hon. Mark Jayson D. Jamisola Hon. Angelu Magda P. Ravanilla

BACON DISTRICT

Hon. Jo Abegail C. Dioneda Hon. Reynaldo C. Taladtad Hon. Glenn P. Olbes Hon. Danilo A. Deladia

EX-OFFICIO MEMBERS

Hon. Bessie C. Diaz Hon. Renalene Mae J. Duka

ABSENT:

Hon. Ma. Teresa D. Perdigon - on official business

Resolution No. 348, Series of 2022

(Author: Hon. Mark Jayson D. Jamisola)

RESOLUTION ENACTING AN ORDINANCE PROVIDING FREE BASIC ANNUAL MEDICAL AND PHYSICAL EXAMINATION FOR ALL THE CITY EMPLOYEES OF THE LOCAL GOVERNMENT UNIT OF SORSOGON CITY AND ALLOCATING FUNDS THEREOF

WHEREAS, Administrative Order No. 402 of 1998 provides that all government agencies and Government Owned and controlled corporations (GOCC) shall provide, among others, a health program for their employees;

WHEREAS, Civil Service Commission Circular No. 33 states that all government agencies, shall provide among others a healthy program for their employees which includes free basic annual medical and physical examinations;

WHEREAS, on the basis of the government issuances, this City Ordinance is designed to address the health concerns of the City Employees;

WHEREAS, the Free Basic Annual Medical and Physical Examination shall be a mandatory tool to monitor the health status of employees by providing an on-site services like routine diagnostic screening and other ancillary procedures to ensure early detection and adequate treatment of any illnesses of the City Government Employees;

WHEREAS, this is in relation to the "Kalusugan Mo, Sagot Ko", one of the Ten Points Agenda Program of the City Government of Sorsogon under the administration of Hon. Ma. Ester E. Hamor;

WHEREAS, the objectives are a.) to identify and address ailments at an early stage or prevent its occurrence b.) to sustain a healthy workforce and c.) to perform and deliver time bound mandates efficiently and effectively;

WHEREAS, keeping a healthy workforce is among the primary concern of the City Government considering that the physical well-being of its employees has a significant impact on the efficiency and effectiveness of public service delivery;

WHEREAS, the City Government of Sorsogon has Four Hundred Hundred Fifty (450) Plantilla Employees, Elective Officials, Co-Terminus, Casuals and Two Thousand One Hundred (2,100) Job Orders, the estimated expenses shall be Five Hundred Thousand (P500,000.00) Pesos;

NOW THEREFORE, on motion of **Hon. Mark Jayson D. Jamisola**, duly seconded by **Hon. Jo Abegail C. Dioneda**, resolved as it is hereby resolve to enact an ordinance providing free basic annual medical and physical examination for all the City Employees of the Local Government Unit of Sorsogon City and allocating funds thereof.

City Ordinance No. 011, Series of 2022

AN ORDINANCE PROVIDING FREE BASIC ANNUAL MEDICAL AND PHYSICAL EXAMINATION FOR ALL THE CITY EMPLOYEES OF THE LOCAL GOVERNMENT UNIT OF SORSOGON CITY AND ALLOCATING FUNDS THEREOF

BE IT ORDAINED, by the Sangguniang Panlungsod, in session assembled that:

SECTION I TITLE

This ordinance shall be known as the "SORSOGON CITY EMPLOYEES ANNUAL HEALTH MONITORING ORDINANCE OF 2022"

SECTION 2 SCOPE/COVERAGE

A City Government Employee holding a permanent, temporary or co-terminus appointment as well as job orders and who is in the service as of the date of effectivity of this City Ordinance shall be covered.

Newly –hired employees who already underwent the required pre-employment medical screening and examinations shall be required to undergo the Free Basic Annual Medical and Physical Examination on the succeeding year from the time they are appointed.

Job Orders, upon contract signing shall undergo the prescribed Free Basic Annual Medical and Physical Examination after the assessment of the City Health Doctors. However, should the result of the risk assessment conducted to the job order seeks medical attention and treatment, the latter shall be allowed to work provided he/she will continue his/her medication.

SECTION 3 DEFINITION OF TERMS

For the purpose of interpreting this Ordinance, certain words or terms are herein defined. Except as defined herein, all other words used in this Ordinance shall have their customary dictionary definition.

Basic Annual Medical Physical Examination – ensures wellness and good health by monitoring vital signs like weight, blood pressure, cholesterol and other markers.

Diagnostic – is a clinical evaluation provided by a licensed professional in order to gather information to determine appropriate treatment based on the initial problem, current mental status and the diagnostic impression.

Complete blood count (CBC) - is a blood test used to evaluate your overall health and detect a wide range of disorders, including anemia, infection and leukemia. It measures several components and features of your blood, including: Red blood cells, which carry oxygen, White blood cells, which fight infection, Hemoglobin, the oxygen-carrying protein in red blood cells, Hematocrit, the proportion of red blood cells to the fluid component, or plasma, in your blood, Platelets, which help with blood clotting. Abnormal increases or decreases in cell counts as revealed in a complete blood count may indicate that you have an underlying medical condition that calls for further evaluation.

Routine Urinalysis - A urinalysis (also known as a urine test) is a test that examines the visual, chemical and microscopic aspects of your urine (pee). It can include a variety of tests that detect and measure various compounds that pass through your urine using a single sample of urine. Healthcare providers often use urinalysis to screen for or monitor certain common health conditions, such as liver disease, kidney disease and diabetes, and to diagnose urinary tract infections (UTIs)

Risk Assessment – also known as health risk appraisal to assess an individual's health status, risks and habits.

City Government Employees – shall mean the workforce or group of Employees working together in the City Government of Sorsogon for a common goal.

Job Orders/ Contractual – refers to the individual who engage in the services and undertakes special project or job within the specific period of time. It also provides that the term of contract between the City Government and the individual shall be for a maximum period of one year, renewable at the option of the Head of Agency.

SECTION 4 SCOPE OF WORK / BENEFIT PACKAGE

The following required diagnostic and screening procedures/examinations shall vary depending on the result of the risk assessment and specific age bracket.

- 1. For 39 years old and below (Male and Female)
 - a. Physical Examination
 - b. Routine Urinalysis

- c. Complete Blood Count with platelet count
- d. Chest X-ray (plain): posterior-anterior (PA) view
- e. 12- Lead Electrocardiogram (ECG)
- f. Dental Examination
- g. Blood Typing
- 2. For 40 to 45 years old and above (Male and Female)
 - a. Physical Examination
 - b. Routine Urinalysis
 - c. Complete Blood Count with platelet count
 - d. Blood Chemistry (fasting blood sugar, total cholesterol and uric acid determination
 - e. Chest X-ray (plain): posterior-anterior (PA) view
 - f. 12- Lead Electrocardiogram (ECG)
 - g. Dental Examination
 - h. Blood Typing
- 3. For 46 years old and above (Male and Female)
 - a. All the procedures and examinations above
 - b. Blood Chemistry to include Liver Enzymes (SGPT and SGOT), (Triglycerides, HDL, LDL, VLDL), Blood Urea Nitrogen and Creatinine

SECTION 5 TERMS AND CONDITION

- 1. All the basic diagnostic procedures of the City Government Employees shall be performed on-site by the City Health Doctors and or in the clinic of the service provider.
- 2. The accredited diagnostic and multi-specialty clinics must have the following attributes:
 - * Duly accredited or licensed by the Department of Health (DOH)
 - * Fully functional equipment (i.e. X-ray and ECG machine, Blood Chemistry Analyzer)
 - *Clean and well maintained facilities
 - *Courteous and well trained staff
 - * Available and open to employees from 7:30 a.m. to 6:00 p.m.
- 3. The schedule of the Free Basic Annual Medical and Physical Examination shall be arranged by the City Health Office and the City Human Resources and Management Office with the coordination from the Sorsogon City Employees Union (SCEU).

The result of the risk assessment conducted by the City Health Doctors and the list of employees who shall undergo the needed tests prior to the scheduled date shall be endorsed to the service provider.

4. A consolidated report of the examination detailing the physician's findings, patients history and laboratory results must be submitted by the Service Provider to the City Health Office.

SECTION 5 FUNDING

The Local Government Unit of Sorsogon City shall provide the funds to cover the cost of the Basic Annual Medical and Physical Examination of the City Government Employees after the risk assessment of the City Health Doctors.

The Five Hundred Thousand (P500,000.00) Pesos Fund intended for the program shall be used for the payment of the laboratories and other examinations of the personnel not available at the City Health Office and RHU's actually rendered.

SECTION 6 PROGRAM ADMINISTRATION

This program shall be administered by the City Health Office, the City Budget Office, the City Human Resources Office in coordination with the Sorsogon City Employees Union (SCEU).

The City Health Officer shall oversee the conduct of the medical check-up for all officials and employees of the Local Government Unit and administer the funds for the purpose.

SECTION 7 REPEALING CLAUSE

All laws, orders, regulations or parts thereof, inconsistent with the provisions of this Ordinance, are hereby repealed or modified accordingly.

SECTION 8 EFFECTIVITY

This ordinance shall take immediately upon its approval by the Sangguniang Panlungsod and after compliance with the law on public dissemination and of publication.

DATE APPROVED: October 25, 2022

I HEREBY CERTIFY to the correctness of the foregoing resolution and ordinance.

ROVAN E. DOMASIAN Secretary to the Sangguniang Panlungsod

ATTESTED:

MARK ERIC C. DIONEDA

City Vice Mayor / Presiding Officer

APPROVED;

MA. ESTER E. HAMOR

City Mayor